



# COVENTRY HIGH 2016-17 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!  
Students must take at least one fruit or vegetable.

LUNCH  
PRICE:  
**\$3.00**

## NEW IN 2016-17



**Bosco's Cheese Sticks**  
available Mondays,  
Wednesdays and Fridays

**Bosco Prezel Cheese Sticks**  
available Tuesdays and  
Thursdays

**\$1.75 each**

Not available as part of \$3.00



FRESH BAKED WHOLE  
GRAIN COOKIES 1.5 OZ  
COOKIES DAILY FOR .75.  
Served Warm!

## GOURMET ENTRÉE SALADS AVAILABLE DAILY! \$3.00 EACH

(INCLUDES A 2 OZ HOT SOFT PRETZEL, MILK AND JUICE)

**BUFFALO CHICKEN, FRESH FRUIT SALAD, VEG-  
GIE SALAD, GRILLED CHICKEN SALAD, ITALIAN  
SALAD AND POPCORN CHICKEN SALAD!**



Smart Snack  
Compliant  
**\$2.50 for a 3oz  
bag**



Cookies n Cream, Cookie  
Dough, Chocolate and  
Vanilla, and Sour Patch  
Strawberry

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## COMET CAFÉ

Popular homestyle meals with lots of options and variety. Meals include lots of fresh fruit and fresh Vegetable options. All items available as part of the \$3.00 Lunch!



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>EVERYTHING CHICKEN BAR</b> Week 1 - 6 REG OR SPICY CHICKEN NUGGETS OR Week 2 - POPCORN CHICKEN OR Week 3 - 5 REG OR SPICY CHICKEN TENDERS OR Week 4 - POPCORN CHICKEN BOWL (MASHED POTATOES, POPCORN CHICKEN, CORN, TOPPED WITH GRAVY) W/ DINNER ROLL 2 VEGS (Mashed Potatoes, Corn, Salad or OTHER) 2 FRUITS AND MILK</p>	<p><b>TACO TUESDAYS</b> Week 1 - Taco Salad, Nacho Supreme or Two Tacos Week 2 - Walking Tacos w/ Nacho or Cool Ranch Doritos Week 3 - 2 Half of Chicken, Beef or Cheese Quesidillas Week 4 - Walking Tacos w/ Nacho or Cool Ranch Doritos *ALL MEXICAN MEALS AVAILABLE W/BEEF OR CHICKEN Tons of Veggie Toppings BBQ OR TEX MEX BAKED BEANS 2 FRUITS AND MILK Giant Goldfish Cookie</p>	<p><b>ITALIAN BAR</b> Week 1 - Parmesan w/ Pasta and Garlic Bread OR Week 2 - Pasta w/ choice of Meatballs, Alfredo or Marinara &amp; Garlic Bread OR Week 3 - Chicken Parmesan Sandwich with Pasta OR Week 4 - BAKED PENNE PASTA CASEROLE WITH MEATSAUCE AND GARLIC BREAD 2 VEGS (Salad, Carrots, Cucumbers) 2 FRUITS AND MILK</p>	<p><b>SUB YOUR WAY BAR</b> Choice of: White or Italian Herb &amp; Cheese Choice of: Fajita Chicken, 5 Meatballs, Cold Cuts (Turkey, Ham, Pepperoni) Choice of Dressings: Ranch, Italian, Hot Sauce, BBQ, or Sesame Ginger 2 Potato Triangles Cheese &amp; Veggie Toppings Galore 2 FRUITS AND MILK OTIS CHOCOLATE CHIP OR M&amp;M COOKIE</p>	<p><b>ASIAN BAR</b> Choice of: Lo-Mein Noodles, Fried Rice, or Brown Rice Choice of: Grilled Chicken or Popcorn Chicken Choice of: Steamed Broccoli or Pepper &amp; Onion Blend Choice of: General Tso Sauce or Sweet n Sour Sauce ASIAN TOSSED SALAD and 1/2 VEG EGG ROLL FRUITS AND MILK FORTUNE COOKIE</p>	
<p><b>AMERICAN GRILL</b> Fast food favorites sure to please. All items available as part of the \$3.00 Lunch!</p>	<p>BACON CHEESE BURGER PEPPERONI, PEPPERONI &amp; SAUSAGE OR CHEESE PIZZA BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (OVEN BAKED CURLY FRIES, BUTTERED CORN or OTHER) 2 FRUITS AND MILK</p>	<p>CORN DOG OR MINI CORN DOGS CHEESY BREAD W/ SAUCE BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (WAFFLE FRIES, BBQ OR TEX MEX BAKED BEANS or OTHER) 2 FRUITS AND MILK Giant Goldfish Cookie</p>	<p>CHICKEN BACON MOZZ OR SESAME GINGER POPCORN CHICKEN WRAP W/ SLAW TOPPING PEPPERONI, PEPPERONI &amp; SAUSAGE OR CHEESE PIZZA BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (BAKED CURLY FRIES, SUGAR SNAP PEA PODS or OTHER) 2 FRUITS AND MILK</p>	<p>BREAKFAST CROISSANT SANDWICH CHEESY BREAD W/ SAUCE BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (2 POTATO TRIANGLES, GREEN BEANS or OTHER) 2 FRUITS AND MILK OTIS CHOCOLATE CHIP OR M&amp;M COOKIE</p>	<p>BBQ RIB OR GRILLED CHEESE SANDWICH FIESTADA MEXICAN PIZZA BREADED CHICKEN SANDWICH HAMBURGER FISH SANDWICH W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (SEASONED WEDGE FRIES, STEAMED BROCCOLI or OTHER) 2 FRUITS AND MILK</p>
<p><b>AMERICAN GRILL-Extras</b> Other than the Gourmet Salads, these items <b>CAN NOT</b> be purchased as part of a \$3.00 Lunch!</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for ....\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Warm M&amp;M Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for ....\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Pretzel Sticks.....\$1.75 2 Churros.....\$1.00 1.5 oz Choc Chip Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for ....\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Warm M&amp;M Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for ....\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Pretzel Sticks.....\$1.75 2 Churros.....\$1.00 1.5 oz DBL Choc Chip Cookie..\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for ....\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Cinn Sugar Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>

4 OZ 100% FRUIT JUICES ARE AVAILABLE AS SIDE DISH DAILY

GREEN PRINT INDICATES VEGETARIAN OPTION

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.